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Liberals: NDP 'a train wreck in slow motion'

'Carry on'.
Legislature to sit despite questions around the premier's leadership

Manitoba's embattled NDP government plans to reconvene the legislature Nov. 20 amid low poll numbers and internal challenges to Premier Greg Selinger's leadership.

"If you look at my office ... during the flood (of 2011), I put up the famous poster, which actually came from the Second World War in Britain — 'Keep Calm and Carry On,'" government house leader Steve Ashton said Wednesday.

"I want to make it very clear that our government is keeping calm, we're carrying on, we're going into session and we will be accountable to the people of Manitoba."

The legislature is to sit for two weeks — one week shorter than most fall sittings. Ashton said there will be enough time for new legislation and a throne speech to outline the government's plans for the coming year.

Ashton's announcement came as a new opinion poll was released that suggested most Manitobans want the premier to resign.

The survey by Mainstreet Technologies, done for the Winnipeg Free Press, had 57 per cent of respondents agreeing with a statement that Selinger should quit. Fourteen per cent said he should stay. One in four respondents took no position.

Manitoba's new cabinet met for the first time Wednesday, and Ashton said everyone wants to put the political turmoil behind them.

"I'm not going to get into the full details, obviously, of what we discussed in cabinet, but I can tell you ... we're governing and our focus this morning was on the throne speech and all the other business of government as well."

The Liberals, who hold one seat in the legislature but have been surging in the polls as NDP fortunes sink, said Wednesday the New Democrats are "a train wreck in slow motion."

"Selinger's focus is on political survival and not on delivering the government Manitobans expect and deserve," Liberal Leader Rana Bokhari said in a statement.

THE CANADIAN PRESS

Premier Greg Selinger says he plans to stay on as premier and lead the party through the 2015 election. SHANE GIBSON/METRO

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Pte. Sidney Halliday

First World War soldier's remains identified as Winnipeg Grenadier

Remains of a First World War soldier found in France are those of Private Sidney Halliday, a member of the Winnipeg Grenadiers.

Pte. Sidney Halliday
HANDOUT/DND

The Department of National Defence issued a press release on Wednesday stating they and the Canadian Armed Forces had "succeeded in identifying the remains of a fifth First World War soldier found in Hallu, France."

Halliday, who was only 22 years old at the time of his death, was born in England but moved to Manitoba in 1915.

He fought with the 78th Battalion, also known as the Winnipeg Grenadiers, which had been sent on Aug. 10, 1918, to capture the small village of Hallu, in the Somme region of France. It was during this mission that the 78th Battalion saw 46 of its members die and another 54 go missing, with 30 of those 54 still missing.

Officials with the Department of National Defence and the Canadian Armed Forces are currently working with the Commonwealth War Graves Commission and Halliday's relatives on funeral plans, in order for him to receive "a final honour and an appropriate resting place."

BERNICE PONTANILLA/METRO

Westgrove students Grace McKay, Autumn Ryden and Braden Harmon with their handmade Remembrance Day poppies. BERNICE PONTANILLA?METRO

School's handmade poppies to benefit fallen soldier's son

'Peaceful' project. Students embrace Remembrance Day through crocheting

BERNICE PONTANILLA
bernice.pontanilla@metronews.ca

Students and staff at a Charleswood school are busy crocheting poppies that will benefit the son of Cpl. Nathan Cirillo, the soldier gunned down while guarding the Tomb of the Unknown Soldier in Ottawa on Oct. 22.

Tanya Pankiewich, receptionist at Westgrove Elementary School, said this is the second year her crochet and knitting club, founded with educational assistant Liz Hare, has made Remembrance Day poppies with red yarn and black buttons.

She was inspired to teach the poppy pattern to students after seeing a crochet poppy during a visit to the Churchill War Rooms in London, England.

"I decided it would be a good project for the kids because it's something little and they don't need to learn a whole bunch of stitches; it's a good starter project for them and it's for a good cause," said Pankiewich, adding there are 12 kids in the club.

"Last year we started it, and we just did it in the school and people liked them, so then we said, 'Oh, we'll donate some money; we'll give it to the legion.' And then this year, people have been asking us, and it just really took off."

Grade 4 student Braden Harmon said he finds crocheting "peaceful."

"When I heard that you could make poppies out of it, I felt like I wanted to try making one," he said.

So far, Pankiewich said, they've made about 350 poppies and are having a hard time keeping up with demand, since it still takes the students about 30 minutes to an hour to make one. Luckily, there are several crocheting adults who are lending a hand.

As of Wednesday morning, they've raised $530, proceeds of which will be donated to the trust fund set up for Cirillo's son and to their local legion.

Show your support

To purchase poppies, visit the administration office at Westgrove School between 8 a.m. and 4 p.m.

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Toxins leaking in lake.
Cleanup of rusting ship in Manitoba slough on hold

The cleanup of a derelict, rusting ship in a Manitoba town has stalled once again.

Selkirk Mayor Larry Johannson says it looks a bit better but adds the Lord Selkirk II is still a sick ship.

Earlier this year a report outlined environmental threats, including toxins leaching into the water.

The federal government sent in the coast guard in May, but they were stalled by ice in the boat. The coast guard returned in October to remove hydrocarbons from the water and refloat the boat.

Johannson said the federal government told him the next step would have to wait until after the federal election.

The ship used to run cruises but was placed in a slough in Selkirk in 1990, where it's been ever since.

Since the ship's owner declared bankruptcy, the city has lined up companies who will cut it up for scrap metal at no charge, but workers can't get started until contaminants, including asbestos, are removed.

That's expected to cost $1 million. Johannson says the city can't afford it all and is pressing the feds and provincial government to split it three ways.

He said they've said they'd help but haven't outlined details of how. He wants dates and goals set.

THE CANADIAN PRESS

When the ship comes in

Johannson says the province has said it will wait to hear what the feds are going to do before deciding how to help.

- He worries the boat will take on more water and could start leaking again.
- In the meantime, he says the lead paint from the ship and pigeon excrement from the species living in the abandoned vessel are still environmental threats.

Cash and cigarettes

Man arrested in connection with convenience store robberies

Police have made an arrest after four Winnipeg convenience stores were robbed of cash and cigarettes in October.

Police said Wednesday that the robberies took place between Oct. 2 and 25 and involved businesses in the west end, with a store in the 100 block of Keewatin Street robbed twice.

The suspect was taken into custody on Tuesday following a foot chase that involved members of the police's street-crimes unit and Division 11 uniform patrol officers.

Travis Joseph Sumner, 26 and of Winnipeg, is facing four charges of robbery and possession of a weapon and 10 counts of failure to comply with condition of recognizance.

Sumner has been detained. METRO

Age of six dead infants crucial to case: Lawyer

Autopsies nearly complete. Infants are not considered people if they are under 20 weeks gestation, says the lawyer for the accused

Police officers at Andrea Giesbrecht's home last week. SHANE GIBSON/METRO

A lawyer representing a woman accused of hiding the remains of six infants in a Winnipeg storage locker says determining whether the babies were old enough to be considered people will be crucial to the case.

Greg Brodsky, who represents Andrea Giesbrecht, said if the bodies were under 20 weeks gestation, they would not be considered people under the law.

"Then they are not children," Brodsky said Wednesday, declining to say whether the charges would then be dropped. "You'd have to ask the Crown about that."

Although Brodsky said Giesbrecht was initially arrested on homicide charges, she is facing six charges of concealing a body and one charge of breaching probation.

The age of the infants is expected to be determined during autopsies, which are already 90 per cent complete.

Brodsky is arguing the remaining examination should be observed by an independent pathologist of his choosing and videotaped.

Judge Brian Corrin ruled Wednesday the medical examiner's office won't have standing at a hearing on the request.

Although the medical examiner's office wanted to argue it has the right to conduct autopsies without interference, Corrin ruled such concerns could be represented by the Crown.

Corrin's ruling paves the way for a hearing Friday on the substance of Brodsky's request, which has been called extremely rare. Giesbrecht, 40, sat in court but showed no emotion as the judge read out his ruling.

Brodsky, who described his client as "bewildered" when the charges were first laid, said Giesbrecht is still baffled.

"She doesn't know why it's taking so long," he said, adding she wants the matter dealt with soon.

THE CANADIAN PRESS

Andrea Giesbrecht

Accused expected to apply for bail

Andrea Giesbrecht, who is scheduled to apply for bail Nov. 12, has been in custody since the remains were discovered Oct. 20 by employees at a U-Haul storage locker. They had gone to do inventory since the bill hadn't been paid.

The state of the remains was such that police have said it could take months of forensic examination before it might be known who the parents were, how the infants died and whether they were even full term.

Court records indicate that Giesbrecht, who has also gone by the name Andrea Naworynski, is a gambling addict with a low-paying job at a fast-food restaurant.

She was given a suspended sentence and two years probation after pleading guilty to fraud for borrowing money from a 73-year-old neighbour and repaying her with bounced cheques. THE CANADIAN PRESS

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Two MPs kicked out of caucus over charges of misconduct

Parliament Hill. Allegations being taken seriously amid last week's explosion of stories about Jian Ghomeshi

Liberal Leader Justin Trudeau has expelled two MPs — Scott Andrews and Massimo Pacetti — over allegations of "personal misconduct" with two members of Parliament.

Sources tell Torstar News Service the complainants are female MPs from the New Democratic Party. Liberals are asking the Commons Speaker to conduct an investigation into a controversy described as "unprecedented." Both accused MPs deny the charges.

At a news conference Wednesday afternoon, Trudeau called the allegations "serious" but said little to shed light on the matter.

"Persons in authority have a duty to act when such allegations are made," he said.

The expulsions plunge Parliament Hill into the centre of the widening national discussion over sexual assault, which began last week with the firing of CBC host Jian Ghomeshi.

Andrews, first elected in 2008 in the Newfoundland riding of Avalon, is married with a young son. Pacetti, first elected in the Montreal riding of Saint-Léonard/Saint-Michel in 2002, is married with two children.

The Liberal party whip, Judy Foote, outlined the charges in a letter to Commons Speaker Andrew Scheer, in which she says that high-level meetings took place on Oct. 29 and 30 to discuss the allegations.

"To my knowledge, there is no precedent or established process for dealing with a situation such as this. The House of Commons has a process for administration of misconduct in the workplace, but there is no established process for complaints between members," Foote writes. She also asks that the Speaker set up such a process. TORSTAR NEWS SERVICE

Liberal Leader Justin Trudeau speaks at a news conference on Parliament Hill in Ottawa on Wednesday.
SEAN KILPATRICK/THE CANADIAN PRESS

Scott Andrews
THE CANADIAN PRESS

Massimo Pacetti
THE CANADIAN PRESS

Canada to ease restrictions on flying drones

Mark Langille stands above one of his UAVs. His company Flitelab is one of the largest drone providers in Nova Scotia. HELEN PIKE/METRO IN CALGARY

Canada is flying high above other countries with its newest commercial drone-use policies.

Transport Canada announced Wednesday that unmanned aerial vehicles (UAVs) under two kilograms for commercial or hobby purposes will soon no longer require a Special Flight Operations Certificate.

Though old regulations are still in place requiring all commercial operators, no matter the weight of the craft, to get clearance from Transport Canada, a spokesperson told Metro the new regulation would mean lighter aircraft could take off without the paperwork.

"I think it's really encouraging from research and industry's perspective," said Chris Hugenholtz of the University of Calgary, who uses drones in his research.

Previously, commercial operators were required to send Transport Canada detailed paperwork, including specific flight plans. The paperwork took 21 days to process, sometimes longer if the region they applied to was not equipped for the volume of documents.

Quoted

"I think Canada has just become an experiment in the world by doing this. A lot of people are going to be watching what Canada does.... This could launch Canada into being a leader in the world in integrating these devices into commerce."

Matt Waite, founder of the Drone Journalism Lab

In the United States commercial drones are still under strict regulation. According to Matt Waite, professor at the University of Nebraska and founder of the Drone Journalism Lab, no commercial flights are permitted unless they fall under an exemption Hollywood arranged with the Federal Aviation Administration. HELEN PIKE/METRO IN CALGARY

Court filings

Ghomeshi's lawsuit without merit: CBC

A $55-million lawsuit filed by former CBC radio host Jian Ghomeshi should be thrown out because it is without merit and an abuse of process, the broadcaster argued in court filings Wednesday.

In a motion to Ontario Superior Court, the CBC maintains Ghomeshi's allegation of defamation and breach of confidence is frivolous or vexatious.

The CBC argues two points: Ghomeshi has no right to sue and that, in any event, he has no grounds to sue. The broadcaster notes that Ghomeshi, 47, was a unionized employee and his only recourse is via the established grievance procedure. THE CANADIAN PRESS

Sex-abuse scandal

Stuckless guilty of two counts of gross indecency

Months after pleading guilty to 100 charges related to the sexual abuse of 18 boys, the man at the centre of the Maple Leaf Gardens sex-abuse scandal was convicted Wednesday in two more charges linked to two of those victims.

Gordon Stuckless was found guilty of two counts of gross indecency but acquitted on two counts of buggery, though the Toronto judge overseeing the case said she found his testimony unreliable.

Stuckless had contested all four charges even though he admitted as part of his April guilty plea to committing other types of abuse against the same victims decades ago. THE CANADIAN PRESS

Spy watchdog

Harper made appointments over NDP objections

Two members of Canada's spy watchdog were appointed despite the objections of NDP Leader Tom Mulcair — even though nominations to the Security Intelligence Review Committee are supposed to involve input from major opposition parties.

Correspondence with Prime Minister Stephen Harper shows Mulcair opposed appointing former MP Deborah Grey due to her lack of experience with intelligence issues. He also feared possible conflict of interest in the case of Gene McLean, a former security consultant.

The party has chastised the government for leaving two other chairs empty. THE CANADIAN PRESS

Remembrance Day almost a stat holiday

NDP MP bid.
Commons pass bill to make Nov. 11 national holiday, pending final vote and provinces' OK

A New Democrat MP's bid to make Remembrance Day a national statutory holiday is now one step closer to reality.

Bill C-597, which would amend the Holidays Act to make Remembrance Day a statutory day off like Christmas or Canada Day, passed a second-reading vote in the House of Commons on Wednesday by a margin of 258 to 2.

The legislation, introduced by New Democrat MP Dan Harris, now moves to the Commons heritage committee for further study before coming back to the Commons for a final vote.

Towards approval

"Given recent tragic events, I think there's some momentum in that direction."
NDP MP Dan Harris, author of the bill

Ultimately, however, it would be up to the individual provinces where Nov. 11 is currently not a holiday — Ontario, Quebec, Nova Scotia and Manitoba, representing slightly more than half the country's working population — to change their individual labour codes.

The bill needs to be passed before the next election in order to be in force for Nov. 11, 2015. THE CANADIAN PRESS

Remembrance Day is not yet an official statutory holiday in Ontario, Quebec, Nova Scotia and Manitoba. COLIN MCCONNELL/TORSTAR NEWS SERVICE FILE

Sandbox superpowers

Captain America (Dana Baker) and Spider-Man (Johnny Doull) play with Ethan Larkin, 3, in a sandbox during a visit to the IWK Children's Hospital in Halifax on Wednesday. Both superheroes were local bodybuilders. JEFF HARPER/METRO IN HALIFAX

Based on family income

Quebec premier hints at daycare fees overhaul

Quebec Premier Philippe Couillard dropped broad hints Wednesday that his government will do away with the universal daycare fee and introduce payments based on family income.

When the Parti Quebecois launched the widely acclaimed program in the 1990s, parents paid $5 (now $7.30) a day to send their children to daycare centres that receive government money.

Montreal's Le Devoir reported Wednesday that amount will climb to between $8 and $20, beginning next April 1. The newspaper said the new fees will be:

- $8 to $12 for families with a net income of between $75,000 and $100,000.
- $12 to $15 for those earning between $100,000 and $150,000.
- And $15 to $20 for those with a net income ranging from $150,000 to $200,000.

Couillard suggested the sliding scale fee is fair.

"We want to maintain the program and we want it to reflect the revenue structure in Quebec," he told the national assembly.

THE CANADIAN PRESS

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Immigration rules. Feds cracking down on forced marriages, polygamy

The Harper government is bracing for international backlash to its proposed new law that would ban people in polygamous and forced marriages from immigrating to Canada, The Canadian Press has learned.

Citizenship and Immigration Minister Chris Alexander announced the legislation Wednesday, calling such practices "incompatible with Canadian values."

But the Zero Tolerance for Barbaric Cultural Practices Act might not go over so well in some Arab and African countries, suggests an internal government briefing note, obtained by The Canadian Press. It notes that polygamy remains legal in dozens of countries.

The bill would also ban marriage for anyone under the age of 16 and impose a maximum five-year prison term on anyone who "celebrates, aids or participates" in a marriage rite or ceremony knowing that one of the persons is being married against their will or is not of legal age. THE CANADIAN PRESS

Government ads

Public funds push unapproved plans

The Harper government is spending public funds advertising measures that have not yet been approved by Parliament.

Radio ads have already hit the airwaves promoting the recently announced income-splitting plan for families with children and changes to the child tax benefit.

Dennis Howlett of the advocacy group Canadians for Tax Fairness says public funds should not be used to push an agenda that's still a matter of partisan debate in Parliament. THE CANADIAN PRESS

'Never take it for granted,' says MP as he resigns seat

Dean Del Mastro delivers his resignation statement in the House of Commons on Wednesday. SEAN KILPATRICK/THE CANADIAN PRESS

Canada Elections Act violations. Dean Del Mastro maintains he is innocent — sentencing scheduled for Nov. 21

Peterborough MP Dean Del Mastro abruptly resigned his House of Commons seat Wednesday, less than a week after a judge found him guilty on three counts of violating the Canada Elections Act.

Del Mastro, a former parliamentary secretary to Prime Minister Stephen Harper, was convicted of exceeding spending limits during the 2008 election, as well as failing to report a personal contribution of $21,000 to his own campaign and knowingly submitting a falsified document.

"I hope someday to be back in this place, but if I don't, always keep in mind it's a simple chair but it represents the hopes and dreams and futures of thousands you represent and millions across the country," Del Mastro told the Commons, his voice quavering as he glanced back at his seat. "Never take it for granted."

Del Mastro had many friends within his former Conservative caucus, many of whom were among the colleagues who applauded his speech, along with several opposition members.

He made it clear he was stepping down to prevent embarrassment and division within the Conservative ranks. On Tuesday, MPs debated for three hours whether to suspend him without pay. THE CANADIAN PRESS

Independent

Dean Del Mastro was expelled from the Conservative caucus on the day he was charged in September 2013 and had been sitting as an Independent.

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Rockefeller tree en route

An 85-foot, 13-ton Norway spruce, which will serve as the Rockefeller Center's Christmas tree this year, is prepared to be cut down Wednesday morning in Bloomsburg, Pa., ahead of the 250-kilometre journey to midtown Manhattan. The tree will be illuminated for the first time on Dec. 3 in a ceremony that's been held since 1933. The tree came from the home of Dan Sigafoos and Rachel Drosdick-Sigafoos.

MICHAEL RUBINKAM/THE ASSOCIATED PRESS

90-year-old man arrested for feeding homeless in public says he won't stop

Fort Lauderdale, Fla.
Officer told him 'drop that plate right now'

Homeless advocate Arnold Abbott, 90, director of the non-profit group Love Thy Neighbor Inc., prepares a salad in the kitchen of The Sanctuary Church, Wednesday. LYNNE SLADKY/THE ASSOCIATED PRESS

To Arnold Abbot, feeding the homeless in a public park in Florida was an act of charity. But to the city of Fort Lauderdale, the 90-year-old man was committing a crime.

Arnold and two Florida ministers were arrested last weekend as they handed out food. They were charged with breaking a new ordinance restricting public feeding of the homeless, and each faces up to 60 days in jail and a $500 fine.

"One of the police officers said, 'Drop that plate right now,' as if I were carrying a weapon," Abbott told television station WPLG.

Fort Lauderdale is the latest city to pass restrictions on feeding homeless people in public places as residents and businesses worry that their neighbourhoods will become magnets for the homeless. Advocates for the homeless say the cities are fighting to control growing numbers but that simply passing ordinances doesn't work.

"Street feeding programs don't work," said Robert Marbut, a consultant and expert on homelessness in the U.S. "Outlawing it doesn't work, either.... You're never going to have a good day arresting a priest."

In the past two years, more than 30 cities have tried to introduce laws similar to Fort Lauderdale's, according to the National Coalition for the Homeless. The efforts come as more military veterans face homelessness and after two harsh winters drove homeless people south, especially to Florida, Marbut said.

In Fort Lauderdale, the arrests haven't deterred Abbott, Dwayne Black and Mark Sims. The ministers were back at church Wednesday preparing meals for a feeding at a public park later that night.

Black noted that the ordinance passed after a long meeting after midnight, when many people had gone home. He said he knows there's a good chance he'll be arrested, but he wants to be there to "reopen the discussion on this ordinance."

"If that's what happens, that's what happens," Black said. THE ASSOCIATED PRESS

Missouri. Judge rules that ban on gay marriage is unconstitutional

A judge overturned Missouri's ban on gay marriage on Wednesday in a ruling that could add the state to a growing list of those where same-sex marriages are legal.

St. Louis Circuit Judge Rex Burlison, who heard arguments on Sept. 29, made the decision.

Lawsuits against gay marriage bans in Missouri mirror dozens of others across the country that argue the prohibitions violate the due process and equal protection rights of same-sex couples. The suits are based on the same arguments that led the U.S. Supreme Court last year to overturn part of the federal Defence of Marriage Act that denied a range of tax, health and veterans benefits to legally married gay couples.

THE ASSOCIATED PRESS

Hawaii. Lava threatens small town of Pahoa

As slow-moving lava approached a cemetery in a rural Hawaii town, Aiko Sato placed flowers at the headstone of the family plot she's tended to over the years, thinking it would be the last time she would see it.

"I made peace with myself," Sato said Monday of visiting the Pahoa Japanese Cemetery on Oct. 23. A few days later, lava smothered part of the cemetery and the family believed the headstone had been buried.

But a photo taken Oct. 28 by a scientist documenting the lava's progress showed the headstone engraved with the Sato name standing in a sea of black lava.

The lava flow's front stalled over the weekend and early Monday remained about 480 feet from Pahoa Village Road, which goes through downtown. A breakout of the flow remained about 100 yards from a house. Residents in the area have left or are preparing to leave. THE ASSOCIATED PRESS

Pahoehoe lava oozing out of the edge of the main flow, near the town of Pahoa, Hawaii.
U.S. GEOLOGICAL SURVEY/
THE ASSOCIATED PRESS FILE

New York City

Officers face assault charges

Two New York City police officers have been arrested on assault charges in the videotaped beating of a teenage marijuana suspect. David Afanador and Tyraine Isaac pleaded not guilty at their arraignment Wednesday and were released without bail. Security video from Aug. 29 captures both officers hitting the 16-year-old on a Brooklyn sidewalk.

THE ASSOCIATED PRESS

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United against ISIL

U.S. President Obama says he will work with congress

U.S. President Barack Obama asked Congress on Wednesday to work with him on a new authorization to use military force against the Islamic State of Iraq and the Levant (ISIL) group to replace the outdated authorization forged after the Sept. 11, 2001 attacks against the U.S.

Speaking after his party was dealt a punishing blow in the midterm elections, Obama said a new military authorization is one of a few areas where he will seek to work with Congress during its post-election session.

"It makes sense to make sure the authorization from Congress reflects what we perceive to be not just our strategy over the next two or three months, but our strategy going forward," Obama said. THE ASSOCIATED PRESS

Utah

Gun-wielding teacher fined

A Utah schoolteacher whose gun accidentally went off in an elementary-school bathroom agreed Wednesday to pay a fine and take a firearm-safety class as part of a plea deal.

Michelle Montgomery has already paid $200 to replace a toilet that exploded when her handgun discharged in the faculty bathroom on Sept. 11. She pleaded no contest Wednesday to a charge of illegal discharge of a gun.

Police say the 39-year-old teacher's gun went off after she put it on top of a toilet-paper dispenser, though she initially told police it went off after it fell out of her holster, the Salt Lake Tribune reported. She suffered minor injuries when fragments from the toilet or a bullet struck her in the leg, police said. THE ASSOCIATED PRESS

Norway

State intel says terror attack likely

Norwegian intelligence authorities said Wednesday that the Nordic country will "likely" be threatened by or hit with an act of terror in the next 12 months.

The Joint Counter Terror Center says extremists from the Islamic State of Iraq and the Levant (ISIL), among others, have called for terror acts against countries in the U.S.-led alliance against the group. Norway said it will send 120 soldiers to join the international campaign against ISIL in Iraq and help train local troops there.

The evaluation came as Prime Minister Erna Solberg told Parliament about her government's decision to send troops to Iraq.

"We will not allow threats from terror organizations (to) dictate our security policy," Solberg told lawmakers. THE ASSOCIATED PRESS

Hamas van attack leaves one dead

Jerusalem. Second violent incident in two weeks reawakens fears that simmering Israeli-Palestinian tensions will boil over

A Hamas militant slammed a minivan into a crowd waiting for a train Wednesday in Jerusalem, killing one and wounding 13. Hours later, the Israeli military said a Palestinian motorist drove into a group of soldiers in the West Bank, injuring three.

Police identified the van's driver as Ibrahim al-Akari, a 38-year-old Palestinian. His wife said he was angered by a confrontation between police and Palestinians at the Al-Aqsa Mosque earlier in the day. Part of the shrine was damaged.

Hamas praised the attack as a defence of the mosque. It is considered the city's most sacred site — known to Muslims as the Noble Sanctuary and as the Temple Mount to Jews.

The developments raised fears of worsening violence after months of simmering tensions in the holy city. In Wednesday's attack in Jerusalem, police said the motorist drove the minivan into pedestrians waiting for the train at a stop. The driver backed out and drove away. He then exited the van and attacked civilians and police officers on the side of the road with a metal bar before he was shot and killed.

Israeli Prime Minister Benjamin Netanyahu blamed the attack on Palestinian President Mahmoud Abbas and "his Hamas partners," a reference to a unity government led by Abbas and backed by Hamas.

In a statement, Nabil Abu Rdeneh, a spokesman for Abbas, condemned the police actions at the Al-Aqsa Mosque but made no mention of the car attack. THE ASSOCIATED PRESS

Israeli police stand guard as ultra-Orthodox Jews look at the scene of an attack in east Jerusalem Wednesday. A Palestinian man drove his car into a crowded train platform and then attacked people with an iron bar, killing one person and injuring 13 before he was shot dead. SEBASTIAN SCHEINER/THE ASSOCIATED PRESS

Algerian passenger train derails, one person killed

Rescue workers at the scene of a rail crash in Algiers, Algeria, on Wednesday. Officials say a passenger train has derailed near the downtown Algiers' train station, killing one person and wounding 65, including one in serious condition. The state news agency says the commuter train was moving to another track to make way for the express Algiers-Oran train when its first three cars jumped the rails early Wednesday morning.

SEBASTIAN SCHEINER/THE ASSOCIATED PRESS

Amsterdam. Dutch ask public not to pee on palace

If you're caught short on Amsterdam's historic Dam Square, the Dutch government has a message for you: don't pee on the palace.

The Dutch royal family uses the stately Royal Palace in downtown Amsterdam as a working palace, not a residence. But the building's dark arches provide a favoured spot for urination, often at night, out of sight of police who regularly patrol the palace vicinity.

After a multimillion-euro renovation ended in late 2011, people began urinating against the palace's sandstone facade. That prompted authorities to put up a fence.

But the Interior Ministry on Wednesday called the fence "unworthy" of the historic location. It is now installing lights and movement sensors to deter people from relieving themselves. The government also warned that peeing in public is punishable by a 140-euro ($175 US) fine.

If those measures don't work, authorities are considering installing a urinal near the palace that rises from the ground at night and sinks below the sidewalk in the day.

Other possible moves include a raised set of steps featuring a pop-up fence or fine mesh screens to block off access to the arches after dark. THE ASSOCIATED PRESS

Ebola therapies. Scientists discuss virus treatments

The quest for an Ebola treatment is picking up speed. Federal officials have unveiled a plan to test multiple drugs in an umbrella study with a single comparison group to give fast answers on what works.

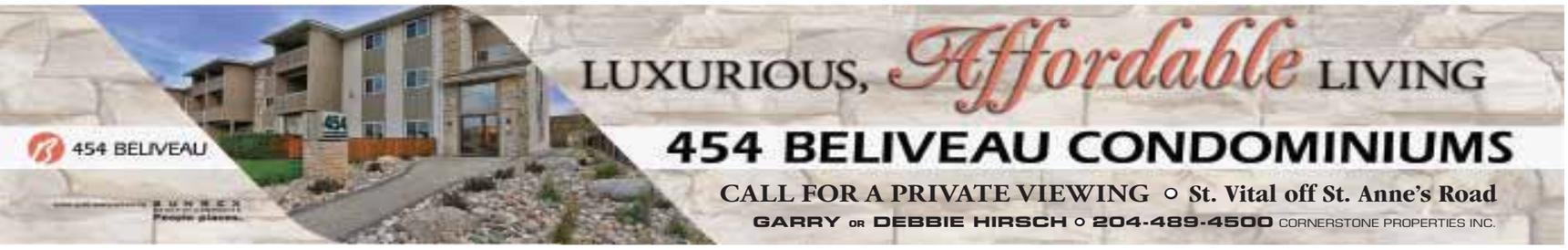
"This is novel for us" and is an approach pioneered by cancer researchers, said Dr. Luciana Borio, head of the U.S. Food and Drug Administration's Ebola response. "We need to learn what helps and what hurts" and speed treatments to patients, she said.

She outlined the plan Wednesday at an American Society of Tropical Medicine and Hygiene conference in New Orleans. Thousands of scientists crowded into day and night sessions on Ebola, which has killed 5,000 West Africans this year.

There is no treatment for Ebola, but several experimental ones such as ZMapp have been tried on a few patients. Scientists are eyeing others that were developed for different conditions but may also fight Ebola.

"There's this tremendous urge to want to give people these experimental therapies," but it's crucial to make sure they don't do harm, said the FDA's Dr. Edward Cox.

Ten potential vaccines have been developed, with two to begin mid- and late-stage testing in December or January. THE ASSOCIATED PRESS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A new chapter for Indigo Books

Turning the page. CEO Heather Reisman is looking to turn things around by opening new stores and branching out into toys to boost sales

Despite closing three of its largest Toronto stores this year, the CEO of Indigo Books and Music Inc. says the company is scouting new locations.

"We are actively looking in a couple of markets," chief executive Heather Reisman told analysts during a conference call Wednesday.

The company now has four fewer superstores and two fewer smaller-format stores in its latest quarter, compared to a year ago.

It once operated 95 superstores under the banner Chapters and Indigo, and 131 small-format stores under Coles, Indigospirit, Smithbooks and The Book Company.

Reisman didn't divulge where it may be looking to expand, saying only that the country's largest book, gift and specialty toy retailer is encouraged by results from the second quarter, which recorded double-digit growth across its lifestyle, paper, toys and electronics divisions, as well as its core trade book business.

The Toronto-based company isn't forecasting any bestselling book titles that will boost sales dramatically during the Christmas holiday period, but said its lineup of toys, like those from the popular Disney movie Frozen, have helped increase revenues.

Sales at its two American Girl doll speciality boutiques that opened in the second quarter also boosted revenue, while sales at a third store location launched recently in Ottawa has exceeded targets, said Reisman.

THE CANADIAN PRESS

Market Minute

DOLLAR 87.80¢ (+0.16¢)

TSX 14,548.26 (+157.83)

OIL $78.68 US (+$1.49)

GOLD $1,145.70 US (-$22)

Natural gas: $4.21 US (+$0.07)
Dow Jones: 17,484.53 (+100.69)

Higher prices at Tim's?! That'll jolt you awake

Are you ready to pay more for your morning cup of coffee? Executives at Tim Hortons Inc. are hinting that a price hike could be on the way in 2015 as they respond to the soaring value of next year's crop of beans. Chief financial officer Cynthia Devine told analysts that bean prices are a factor that Tim Hortons will "need to look at" with its franchisees. While she stopped short of saying higher coffee prices at the restaurant chain are a certainty, she said Tim Hortons would need to determine "what actions may be necessary" at its stores.

CHRIS YOUNG/THE CANADIAN PRESS

Toronto Star paywall coming down

Torstar Corp. says it plans to tear down the digital paywall at the country's largest newspaper, the Toronto Star, as it focuses on developing a new tablet app to be launched next year.

The owner of the Toronto Star and other publications is switching gears in its digital strategy of delivering content across multiple platforms — a move it's betting will attract more readers and bring national advertisers back into the fold.

Along with the Toronto Star, Torstar publishes the Hamilton Spectator, Waterloo Region Record, the Guelph Mercury and more than 100 community newspapers in Ontario. In addition, Torstar owns Free Daily News Group Inc., which publishes the English-language Metro newspapers in several Canadian cities and several digital businesses including toronto.com and workopolis.com.

Torstar has signed a deal with Montreal's La Presse newspaper to develop a new tablet product for the Toronto Star based on the technology and experience the Quebec publisher used when producing its own iPad app in 2013. The French-language newspaper invested $40 million developing the tablet edition, La Presse+, over two years. It launched in 2013. THE CANADIAN PRESS

Engaged readers

45

La Presse+ has been able to do what most Canadian media companies crave: attract a highly engaged, younger audience who use the tablet app for an average of 45 minutes a day and up to an hour on Saturdays.

Pop to go flat?

Berkeley votes to tax soda to curb consumption

Berkeley, Calif., voters became the first in the U.S. to approve taxing sodas to curb consumption, after costly campaigns by the soda industry helped defeat similar taxes in more than 30 other cities and states in recent years.

But, in San Francisco, voters became the latest in the U.S. to reject a soda tax. THE ASSOCIATED PRESS

Pot soaring high?

Washington, Oregon vote to legalize marijuana

Marijuana activists who have longed for decades to end America's drug war celebrated more major victories Tuesday, with Oregon and the U.S. capital approving recreational pot use.

The advocates believed they also have another win in Alaska, as a legal pot measure held a steady lead.

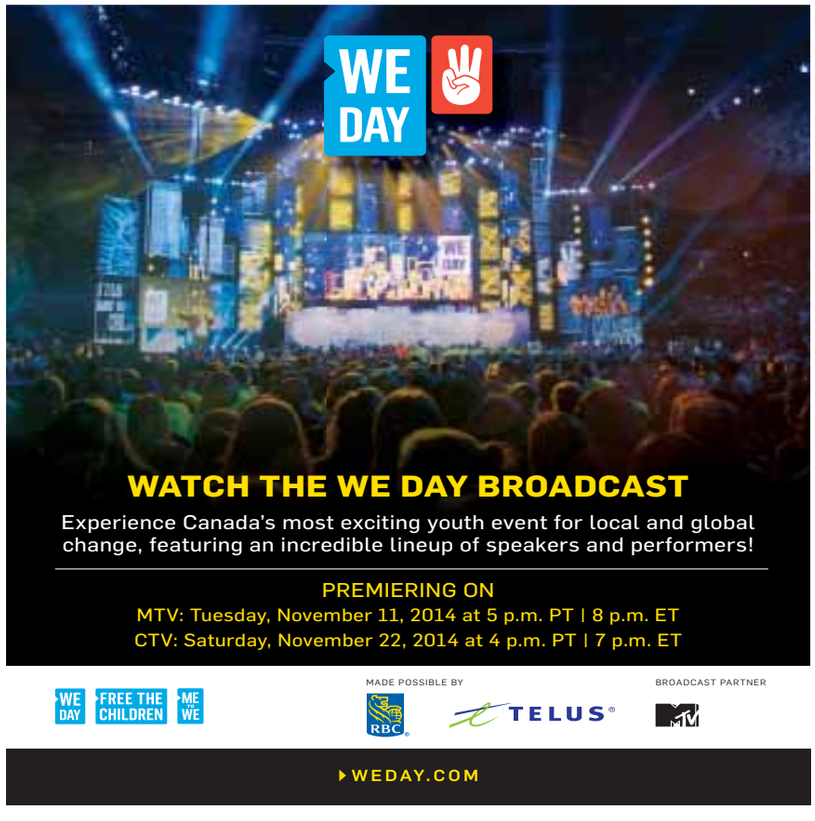
THE ASSOCIATED PRESS

Are you ruffing joking?

YouTube show teaches you how to cook ... for a dog

The couple who conceived YouMustLoveDogsDating.com, where pooch-loving singles connect with potential mates, have founded the Doggy Cooking Network on YouTube.

The Doggy Cooking Network on YouTube will show pet owners how to dish up fresh, homemade alternatives to commercial kibble. THE ASSOCIATED PRESS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CANADIAN WINTER: SCARIER THAN ANY HBO SHOW

HE SAYS
John Mazerolle
metronews.ca

I'm suffering from Post-Traumatic Snow Disorder.

In the past I embraced the Canadian winter as fervently as I embraced my own torso while waiting for the bus in January. I've been quick to argue that cold winds in the streets and cold toes under the sheets are just part of living here in the Land of Always Winter.

But not anymore. Not after last year. Not after The Four Snowmen of the Icepocalypse descended upon the country and took our joy. (The four Snowmen are Blizzard, Hailstone, Frigidity and Dry Skin.)

As you'll recall, last year's winter lasted for 14 months in what we all hoped and prayed was a one-time, tie-in promotion for the movie Frozen.

But early signs for 2014-15 aren't good. The Maritimes already had its first taste of both school cancellations and power outages, forcing parents and their children to talk with each other in person (shudder).

And in Ontario, I drove through a squall on Oct. 31 that left me with the same visibility I had when I wore my K-Mart Optimus Prime mask on Halloween 30 years ago.

I've already broken out the winter jacket, which generates so much static electricity that I look like the people palming the orb in science-museum ads, until I touch something metal and my finger makes a 'snap!' so powerful that the lights dim for a second.

On top of it all, now that the clocks have changed I go to work in darkness and leave with just enough time for Mr. Sun to mock me before he disappears over the horizon, chuckling.

This winter can't possibly be as bad as last year's, can it?

The Farmer's Almanac, which has been making scientifically unsound predictions for so long it's OK for some reason, says it will be another terrible winter.

But Environment Canada's Best Guess™ is that it will seem "tropical" compared to last year. (Ever notice how Canadians only use the words "tropical" and "balmy" when they're being sarcastic?)

The tying vote goes to my girlfriend, who has the same season-guessing credentials as either organization. Her verdict? It's going to be the Worst Winter Ever because she hails from Vancouver, which has never seen hail, let alone snow, and where "roughing it" involves going eight hours without steamed milk.

Her winter advice to everyone is, and I quote, "Never go outside." She likes to knit and has begun to build a yarn cocoon around herself, pledging not to leave the couch until it's butterfly weather.

With my Post-Traumatic Snow Disorder, I'll be taking a different tack. I hope to face it head-on, keeping just as active in the winter as I do in the summer. So, a lot of Netflix. Maybe Game of Thrones. You know why.

Now they just need names ...

Visitors take photos of the panda triplet cubs in the Chimelong Safari Park in Guangzhou in south China's Guangdong province Wednesday. Keepers responsible for looking after the world's only surviving set of giant panda triplets said the cubs were doing well, as they celebrated turning 100 days old on Wednesday. The triplets born at Chimelong are the fourth case of panda triplets ever recorded. THE ASSOCIATED PRESS

Against all odds, panda triplets make it to a hundred days

When this trio of giant pandas were born, vets said the chances of them all surviving were next to nothing — but the baby girl and her two brothers have defied predictions to reach 100 days old in perfect health.

Each one now weighs more than five kilograms (11 pounds), up from just 0.1 kg (3-1/2 oz.) at birth, and have two small teeth after beginning teething at around 80 days old.

The cubs were born on July 29 within four hours of each other: the female cub first and then her brothers.

Physical exams show the cubs' health to be ideal, said Dong Guixin, general manager of Chimelong Safari Park in Guangzhou, capital of south China's Guangdong province.

Starting Wednesday, the cubs will be displayed to visitors for limited times and are taking turns living with their mother for five-day cycles. All may live with her permanently if they continue to grow up healthy.

There have been four recorded instances of giant pandas giving birth to triplets in history, but in all of those other cases at least one in the litter has died due to physical defects or being too small.

DAILYMAIL.CO.UK

You can help!

The park is seeking suggestions from the public on names for the pandas.

MetroTube

metro AR

EDM videos, meet skiing

ANDREW FIFIELD
andrew.fifield@metronews.ca

SCREENGRAB

As viewed from afar, backcountry skiing looks like a passport to pristine environments and untouched powder. But if only it were just a little more, you know, dangerous. Thankfully, nature turns the lights off every night, and that means it's time to strap on some brightly coloured LED suits and a few GoPro cameras and hit the darkened slopes. (GoPro/YouTube)

Comments

RE: Bank of Canada Governor Urges Jobless Young Canadians to Work for Free, published online Nov. 4, 2014

A capitalist telling us to do the most un-capitalist thing ever. You do not get something for nothing, labour is a commodity with a value. I say, you want us to work... PAY UP. Beef up our resumes? Are you kidding me? How about you, the employer in your fifties with a high school diploma, start putting some value on a Masters Degree and not just "experience." Oh by the way, getting an MA is experience.

Yodaweed, posted to metronews.ca

metro AR

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metro

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Lemme tell you 'bout the Lizard

Comedy duo.
Pair behind Super Troopers and Beerfest bring their onstage whimsy to Winnipeg

BACKSTAGE PASS
Jared Story
winnipeg@metronews.ca

Kevin Heffernan (left) and Steve Lemme perform at Rumor's Thursday through Saturday. CONTRIBUTED

Steve Lemme and Kevin Heffernan have the nicest hecklers.

As members of the comedy troupe Broken Lizard and the gang behind the films Super Troopers and Beerfest, the two standup comedians are hurled with quotes instead of insults.

"Your traditional comic will get the 'You suck!', but we have people yelling out lines from our movies, which is very flattering," says Heffernan, 46, who played bumbling state trooper Rod Farva in Super Troopers.

"And then you just shoot the next line back at them and the crowd cheers and you're rolling."

Fat Man Little Boy, Heffernan and Lemme's debut standup special, is available on Netflix.

Lemme says their show features individual standup sets, crowd interaction and stories about their lives and making movies, like the time Patrick Swayze and Princess Vespa came to Broken Lizard's Sundance Film Festival party, after the Super Troopers premiere in 2001.

"We found out well in advance that Patrick Swayze's person put him on the guest list, but Daphne Zuniga (who played Princess Vespa in Spaceballs) I only found out about while I was in line to get into the party. I'm fighting to get into my own party," Lemme says.

"The bouncers had no idea who Broken Lizard was and finally the studio showed up and is like, 'It's their party.' I walked into the party with Daphne on my arm."

Broken Lizard might be having another star-studded party soon, as they're set to start shooting Super Troopers 2 in 2015.

In addition to standup and films, Heffernan and Lemme also have a podcast called Chewin' It on nerdist.com, as well as Fatty and Tatty, a web series on YouTube that sees Lemme completely tatted up.

"We were flying to Cleveland and we were in LAX and there was a dude covered head to toe with tattoos," Lemme said.

"Kids were afraid of him, people were talking about him, and as luck would have it, I was sitting next to him on the airplane. I was terrified. But, he struck up a conversation on the airplane and he couldn't have been nicer. He was going to The Rock and Roll Hall of Fame and lamenting the fact that Simon and Garfunkel still couldn't get along."

If you go...

Kevin Heffernan and Steve Lemme are at Rumor's Restaurant & Comedy Club Thursday to Saturday.

- There are still tickets available for the Thursday show at 8 p.m. Tickets are $20 at Rumor's and rumorscomedyclub.com

SCENE2

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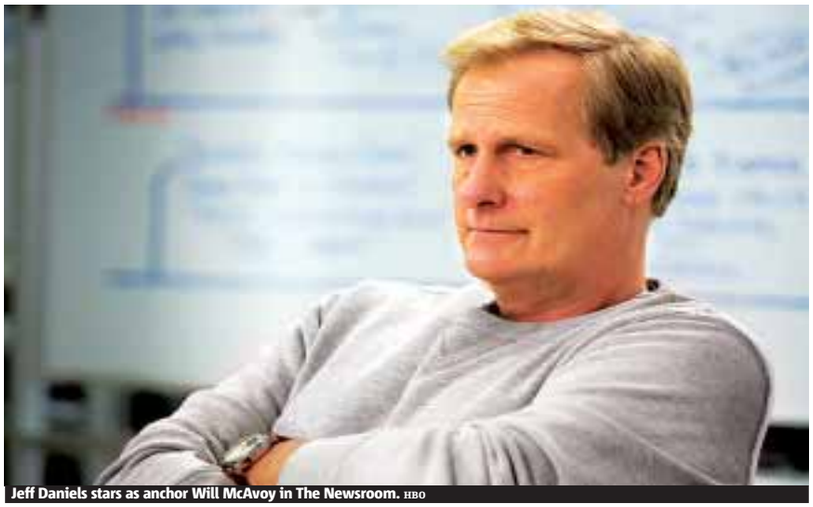
Newsroom battled to be first, and right

Television. Jeff Daniels bids farewell to HBO's journalism drama


Jeff Daniels stars as anchor Will McAvoy in The Newsroom. HBO

There were neither tears nor cheers at this premiere. That's partially because cast and crew of HBO's drama series The Newsroom had already moved on. They wrapped the finale weeks ago.

The party Tuesday night at the Directors Guild in Hollywood was simply to kick off the show's third and final season, which premieres this weekend, and to say, "Good show" to the series.

"The bittersweet part is the people," said actor Jeff Daniels, who portrays the star anchor of a cable-news network struggling with more than ratings. "This was a good group."

The Newsroom debuted in June 2012 to much fanfare and strong ratings. But critics were mixed on the series, and fans began to tune out as the first season came to a close.

The second season earned generally stronger reviews, and its premiere saw ratings rebound — although it eventually became clear that the show would never become a blockbuster, such as Six Feet Under.

The network gave a green light to a truncated third and final season, which is not to be confused with a cancellation, executive producer Alan Poul said.

"If HBO had wanted to cancel us, they wouldn't have said, 'We want to cancel you, but we'll spend an extra $40 to $50 million for a final season before we let you go,'" he explained. "You don't spend the money for a season of television unless you want to make that season of television.

"And it was our choice. We wanted to go out this way. And I think we're going out as strong as we've ever been."

Season 3 deals with dilemmas surrounding reporting on the Boston Marathon bombings.

Network brass face a possible hostile takeover. And one key character's career may be destroyed after a leak of classified government documents.

Co-star Olivia Munn said the series has inspired a new crop of journalists.

It made viewers "really fascinated with the guy sitting behind the news desk and the girl writing that column," she noted. "So, I think that was really an exciting thing, and I think it was a great thing."

Daniels said spending three seasons walking in a reporter's shoes left him with a greater appreciation of the challenges facing journalists.

"The struggle these guys have between being right and being first — it's so difficult now with Twitter, with Facebook," he said. "When news breaks, a lot of people go there instead of waiting for journalists to tell you what's really going on or what's true. And the real guys battle that every single day."

THE ASSOCIATED PRESS

Quoted

"We wanted to go out this way. I think we're going out as strong as we've ever been."

Alan Poul, The Newsroom producer

Show time

The third and final season of The Newsroom debuts Sunday on HBO.

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Music

Spotify royalties overtake iTunes in Europe

It looks as if 2014 is going to be the year in which streaming overtakes digital music downloads.

For the first time, royalty payments from Spotify have topped those generated by Apple's iTunes music store in Europe.

In fact, according to Kobalt Music Publishing, which collects fees in Europe on behalf of almost 6,000 songwriters, including ex-Beatle Paul McCartney, during the first quarter of 2014 its artists earned 13 per cent more from Spotify then they did from iTunes downloads.

What makes the figure even more impressive is that, as recently as the third quarter of 2013, iTunes' royalty payments were 32 per cent higher than those of Spotify and, at the end of the year, those revenues were still 8 per cent higher.

However, over the past two years the appetite for music streaming has really taken off.

AFP

Streaming. Whole world's a stage for digital bard

To download or not to download, or perchance to stream.

That is the question a new digital project hopes to solve by making performances of Shakespeare's plays available to a global audience on demand for the first time.

In what it says is a world first, London's Globe Theatre has made more than 50 productions available to download as full-length high-definition films on its dedicated online platform.

Among the plays featured is a highly acclaimed production of Twelfth Night, starring British actors Mark Rylance and Stephen Fry, as well as Roger Allam's award-winning performance in Henry IV, Parts 1 and 2.

The films are available to rent for $7.25 or to buy for $14.50 at GlobePlayer.tv.

"The Globe is always looking for bold new ways to take Shakespeare out into the world and share his astonishing plays with as many people as possible," said artistic director Dominic Dromgoole. AFP

Shakespeare productions from London's Globe Theatre are now online. AFP

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

Harry Styles ALL PHOTOS: GETTY IMAGES

Styles knows what he wants in a humanoid

What does a girl need to be to win Harry Styles' heart? Not necessarily a girl, as it turns out. While taking some probing questions during an interview for On Demand Entertainment alongside fellow One Direction member Liam Payne, Styles got a bit playful. When asked what traits they look for in potential girlfriends, Payne joked, "Female, that's an important trait," to which Styles quickly argued, "Not that important." So what does Styles really want to find in this hypothetical gender-less humanoid? A "sense of humour" and "being nice to people," as it turns out. Also, when asked what he "sucks at" — too easy — Styles offered a rather odd list of skateboarding, gymnastics, speaking and singing. Hey, you said it, buddy, not us.

The Word

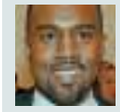
Cumberbatch proclaims he's off the market — the old-time way

NED EHRBAR
Metro in Hollywood

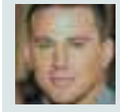
I'm starting to worry that Benedict Cumberbatch doesn't understand how this whole being famous thing works. In an adorably old-fashioned and totally normal move, the Imitation Game star announced his engagement to actress Sophie Hunter with a simple announcement in the Forthcoming Marriages section of London's the Times newspaper. "The engagement is announced between Benedict, son of Wanda and Timothy Cumberbatch of London, and Sophie, daughter of Katharine Hunter of Edinburgh and Charles Hunter of London," the posting reads. Very traditional, yes, but come on, Ben. You could've gotten a lot of mileage out of an exclusive. Of course, given the hysteria level of his female fans, it's understandable he'd want to downplay this. There could be a riot. Next, he'll announce on Craigslist he's been cast as Doctor Strange.

Twitter

@WhitneyCummings
You know it's love when you're not too embarrassed to give him your REAL Starbucks order



@kanyewest
Me and my wife met with President Obama two weeks ago



@channingtatum
That's a wrap!

Britney Spears

Baby, try to sell Britney's tickets one more time

Hey, you want to go see Britney Spears' show in Vegas? Because there are seats available. Like, a lot of them. Production staff are reportedly "scrambling" to fill seats after online ticket sales suggested that Spears' upcoming performances would be half-empty — although they probably explained it to her as half-full. "She said that there was no way in hell that she would perform to a half-empty theatre," a source tells Radar Online. Among the tactics they've been employing to fill out the space, my favourite has got to be "Britney Day," when anyone who shares the same first name as Spears gets a free ticket. But honestly, an entire theatre filled with women name Britney is kind of terrifying.

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1,000 poses, 1 supermodel: Modern beauty busts a move

Style. Canada's Coco Rocha offers Study of Pose in new book

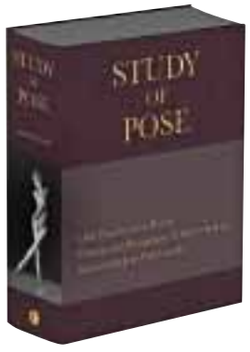
Coco Rocha, seen here in a photo from Study of Pose, was 14 when she was discovered by a modelling scout at an Irish dance competition in Vancouver.
STEVEN SEBRING / HO / THE CANADIAN PRESS

Rocha recently announced that she and her husband are expecting their first child next spring.
STEVEN SEBRING / HO / THE CANADIAN PRESS

Coco Rocha has graced the covers of countless fashion magazines and walked the runway for leading designers, but the Canadian supermodel dubbed "The Queen of Pose" faced a fresh test for her latest turn in front of the cameras.

The Toronto-born, Richmond, B.C.-raised Rocha teamed up with photographer Steven Sebring for the new book Study of Pose (Harper Design). In his introduction, Sebring wrote that his original concept was to capture 1,000 different expressive positions of one person, seeking to document "the fluid, ever-changing beauty of the ever-flexible human form."

The hefty tome features black-and-white images of Rocha clad in a leotard and tights, contorting her lithe frame in 1,000 unique poses.



Pictures of the homegrown beauty were captured by Sebring in his experimental 360-degree 'Rig,' which Rocha described as a darkened, dome-like room with 100 cameras. The photos were shot two years ago over the span of three days, with only Sebring and Rocha's husband, James Conran, present.

As the woman who has been a muse to designers like French fashion legend Jean Paul Gaultier — who wrote the book's foreword — Rocha admitted during the shooting of Study of Pose she needed a little inspiration herself at times to fan the creative flames.

"You try to kick out as many poses as you can. But then it gets to the point where you're like: 'I don't know if I have anything else,"' Rocha said in a recent phone interview from New York.

"That's when I would have Steven and James ... call out these inspirations or people in history. So if it was art history to film noir to film to pop culture, there would be sort of references, and I would kind of go on a riff on them. So: 'What is Michael Jackson to me? What is Grace Kelly?'

"Definitely, I did hit some roadblocks. But what's interesting is that people looking at this can probably see those moments where you're like: 'Oh, I think this is a little Marilyn Monroe' or: 'Yeah, I can see some Grace Jones in that."'

Rather than tagging each photo with a specific headline or name, Rocha said they opted instead to attach numbers to each image in hopes of having readers identify whom she was trying to pay homage to or to channel in her poses.

Reach for the stars

"What's interesting is that people looking at this can probably see those moments where you're like: 'Oh, I think this is a little Marilyn Monroe' or: 'Yeah, I can see some Grace Jones in that."

Coco Rocha
Supermodel and subject of Study of Pose

In the foreword of Study of Pose, Gaultier recalled Rocha "effortlessly leaping through the air, moving my clothes in a way that brought them to life" during the presentation of his Celtic-themed ready-to-wear line in 2007.

"I definitely think dance helped in the sense that I don't overthink it, I don't get too frustrated with what I'm doing. Just have fun with it, enjoy it," said the 26-year-old.

"We're muses. We're supposed to inspire people. So the book also is to inspire what the body can do. If you really look through all of those photos, you can start to notice the body can do a lot of things."

THE CANADIAN PRESS

Canadian street style

Spotted in: Toronto

Name: Chiaki

Age: 22

Occupation: Student

What she's wearing
New Balance shoes, American Apparel pants, coat and sunglasses from Urban Outfitters and a vintage shirt purchased in Kensington Market.

Her inspiration
"I look up to fashion icon Alexa Chung. I love her relaxed and messy style."

THE KIT IS A MULTI-PLATFORM BEAUTY AND FASHION BRAND WHICH INCLUDES AN INTERACTIVE MAGAZINE AND DYNAMIC APP, A WEBSITE, KIT CHAT – AN E-NEWSLETTER PROGRAM – AND A WEEKLY NEWSPAPER SECTION, TOO!

Trends Report

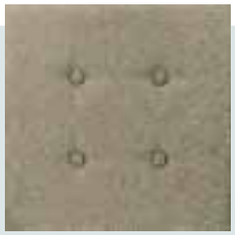
I've written about how I despise the lumberjack look in a previous Trends Report posts, but it appears as though the 'lumbersexual' is on the rise, according to a trending article by Gear Junkie. Go online to Trends Report to see what makes a 'lumbersexual'. Are they slowly overtaking their tidier counterparts, the metrosexuals?

- **Online.** metronews.ca/trends-report
- **Follow** Irene on Twitter @MetroIreneK and Instagram @kuanirene
- **Photo** Actor Mike Vogel sporting the lumbersexual look. Getty Images

Turn down the sound with decor

Concrete ceilings and floors transfer noise, and so do windows and hardwood flooring. Here are a few designer ideas that help stop unwanted sound from bouncing around

DESIGN CENTRE
Karl Lohnes
home@metronews.ca



Upholstered headboard

For ultimate sound absorption, buy a king-sized padded headboard. It will help muffle sound and anchor your bed and end tables while giving big scale and proportion to a small- or average-sized room. Nexxt Luxe Headboard Panels, 18 inch square, $100 for a set of 8, KitchenStuffPlus.com.

Carpeting

Wall-to-wall broadloom or a large room-sized area rug will help absorb sound and keep it from bouncing off concrete and wood floors. Liora Mad Plaid Carpet Squares, 18 inch square, $20. CB2.com.

Draperies

Draperies not only help to deaden the sounds that bounce off glass, they also add a soft touch to hard walls. Look for draperies that have a thick lining or insulation built into the back. Whole Home Kingsley Foam-backed Grommet Drape Panels, from $32, Sears.ca.

White noise machines

Tired of hearing your neighbours and roommates? Try a white noise machine to create a comfortable atmosphere so you can drift off to sleep. HoMedics SoundSpa Portable White Noise Machine, $30, Well.ca.

Earphones for TV

A necessity when all your roommates have their own televisions in their bedrooms. Frends Taylor Headphones, $200, UrbanOutfitters.com.

More ways to enjoy the sound of silence

- Invest in solid-core interior doors for your place. They will help to reduce sound between hallways and rooms while giving a quality weight to the doors.
- Use big canvas art to absorb room sounds and create a barrier between large wall spaces.
- Hang decorative quilts or tapestries using a simple curtain rod. It's a great way to dress up a wall and add big impact.

METRO CUSTOM PUBLISHING

Keep the cold out this winter

Now is the time to install windows from Polar Windows

One of the best ways to keep the wicked winter weather at bay is with properly insulated doors and windows. Not only does Polar Windows bring 40 years of manufacturing experience to the equation, but as locals offering a locally made product, you have the confidence of knowing that its product is designed for Winnipeg's extreme climate.

If your windows are showing condensation, fogging up, or feel cold to the touch, you are likely wasting precious heating dollars.

"Those are signs that your sealed units have failed, which means your windows offer no insulating value," says Michelle Van Den Bussche, a Polar sales consultant.

Polar windows feature tri-pane sealed units with krypton argon fill, as well as fully insulated window frames. They come with a lifetime, transferrable warranty, and are installed by in-house master-certified technicians. Polar even offers free in-home consultations.

Many may be surprised that now is the best time to buy and install windows.

CONTRIBUTED

"Our seasonal special pricing is great right now because a lot of people don't think of buying windows now," Van Den Bussche says, adding that the Polar process uses heated installation hoods and minimal exposure time to reduce exposure.

"Our 'window powered homes' system has been recognized as the highest-quality solar energy rated window on the market today," Van Den Bussche says. "Homeowners can be certain they're getting the most durable and energy efficient windows available."

For more, visit polarwindow.ca.

Sup, dog? Reintroduce yourself to a memorable carnival fave

Holy Kobe Corn Dogs.

Missing summer? Relive it with these high-quality bites

This recipe serves six to 10. KYLA ZANARDI

"Street food and carnival food are kind of like cousins," writes Matt Basile in his book Street Food Diaries. "Things get fried. Things get put on sticks, and everything is about fun and flavour first. Corn dogs are the ambassador of this relationship.

"You'll need 10 wooden skewers for this. You can do this recipe with any hotdog, but if you can find Kobe beef dogs I highly recommend you use them. They are the tastiest hotdogs I have ever had, and the flavour just explodes when you bite into them."

Basile also advises, "You can take this recipe one step further by cooking some strips of bacon to the point where they are cooked but not too crispy to manipulate. Wrap the bacon tightly around the dog and pierce each end of the bacon with the skewer to keep it in place. Batter it and fry it as below. (P.S. You're welcome!)"

Ingredients

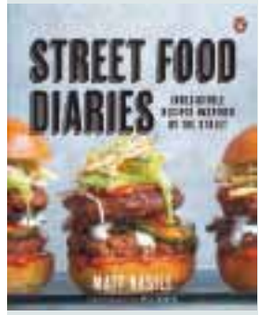
- 1 cup (250 ml) yellow cornmeal
- 1 cup (250 ml) all-purpose flour
- 4 tsp (20 ml) baking powder
- 1/4 tsp (1 ml) kosher salt
- 1/4 tsp (1 ml) black pepper
- 1 egg
- 1 cup (250 ml) 2% milk
- 10 all-beef hot dogs
- 10 wooden skewers
- 1/2 cup (125 ml) yellow mustard
- 2 tbsp (30 ml) sambal oelek

1. First, make your batter. In a large bowl, combine the cornmeal, flour, baking powder, salt, and pepper. Crack in the egg, add the milk, and then mix your batter thoroughly. Skewer the hotdogs with the wooden skewers, and dip them in the batter. Fry them, three at a time, in a pan (not a skillet) with 1/2 inch (1 cm) of canola oil heated to 350 F (180 C) for approximately 3 minutes on one side. Flip and do 3 minutes on the other side, then rest them on paper towel to soak up the excess oil.

2. In a bowl, mix the mustard with the sambal. Now you have spicy sambal mustard that has the familiarity of the bright yellow mustard but with a bit of kick. **RECIPES FROM STREET FOOD DIARIES: IRRESISTIBLE RECIPES INSPIRED BY THE STREET BY MATT BASILE. COPYRIGHT MATT BASILE AND KYLA ZANARDI, 2014. REPRINTED WITH PERMISSION OF PENGUIN CANADA BOOKS INC.**

Cookbook of the Week

From the street to your kitchen table



For years, Matt Basile has been serving up to-die-for street eats through his street food brand Fidel Gastro's. In his book Street Food Diaries, he shares more than 85 street-food recipes that are accompanied by mouth-watering photography and stories of street food culture.

If it's on a stick, in a bun or covered in bacon, it is in Street Food Diaries. Try making your own Buffalo Chicken Patty Melt, Creole Poutine, Pork Riblets, Tilapia Doubles, BBQ Brisket Breakfast Burrito and more. METRO

Snack. Pad Thai Fries

This recipe serves four people. KYLA ZANARDI

1. Melt the butter in a pan over high heat. Stir in the Sriracha sauce and lemon juice. Turn down the heat to low, and cook for approximately 5 minutes, or until the sauce is a nice velvety, orange colour. Let the sauce cool and congeal so when you apply it to your fries it's more of a paste than a sauce.

2. Fry the fries in the deep-fryer with oil at 360 F (185 C) for 5 or 6 minutes, or until they're crispy and golden brown.

3. In a large bowl, toss the cooked fries in the sauce. This lets you coat the fries without making them soggy. Transfer the coated fries to a serving dish, and top with bean sprouts, cilantro, and lime wedges. If you want to make it even more pad Thai-y, you can top it with crushed peanuts.

Ingredients

- 2 cups (500 ml) salted butter
- 3 cups (750 ml) Sriracha sauce
- 1 cup (250 ml) lemon juice (about 4 large lemons)
- 1 (1 lb/500 g) bag oven fries
- 1 cup (250 ml) bean sprouts
- 1 cup (250 ml) cilantro
- 4 limes
- 1/4 cup (60 ml) crushed peanuts

Dine-Out Winnipeg

Who likes to cook at home every single night? Very few! Make the most of Winnipeg's world famous culinary scene and treat yourself to one of our fine local establishments below. Bon Appétit!

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www.charismaofindia.ca

Walters backs O'Shea despite poor season

Right man for the job. GM Kyle knows the Bombers team wants to play for their coach, but playoff and cup failures disappoint him

The Calgary upset makes Walters confident Mike O'Shea, centre, is the right man to lead the Bombers forward. GETTY IMAGES

Coach Mike O'Shea will be back next season, but Winnipeg Blue Bombers general manager Kyle Walters wouldn't comment on any other possible personnel changes after the team missed the playoffs for the third year in a row.

"We'll identify why we didn't win more football games and we won't be afraid to make changes if we think it's going to improve the product next year and help us win more games," he said Wednesday. O'Shea's rookie turn as a head coach in the CFL started well, fizzled as summer waned but ended on a high note with a gritty 18-13 upset of the league-leading Calgary Stampeders last Saturday that saw the Bombers finish the season at 7-11.

"I like to think that game out in Calgary we won in the end tends to summarize the players' willingness to play for him and continue to fight in what would be termed a meaningless game for us," said Walters. And even though he didn't finish that game in Calgary — which was won by backup Robert Marve — rookie starting quarterback Drew Willy also finished his season in Walter's good books.

"I think he showed toughness, he showed the ability, when a game is on the line, to pull out victories. He put up some impressive numbers."

Willy, obtained from Saskatchewan where he was a backup for two seasons, sits behind only Toronto veteran Ricky Ray in passing yards on the CFL leaderboard, although every other team in the league has one more game left to wrap their season. However, he's also thrown a league-leading 16 interceptions.

"Obviously Drew needs to cut down on the turnovers but, like all of us in our jobs, you would like to think you're going to improve from year to year," Walter said. "And Drew showed enough that there's something in there, that he's going to lead us to a Grey Cup."

The fact that the playoffs eluded the Bombers yet again as did a trip to the Grey Cup, a trophy they last won in 1990, weigh heavily on Walters' evaluation of himself during his first full season as general manager.

"We didn't make the playoffs, we didn't win the Grey Cup, and I stood up here at the beginning of the year and said: 'We want to win football games, we want to win Grey Cups,'" he said. "And we didn't do that, so that would be my self-evaluation." Walters was pragmatic in his analysis of a season where the Bombers won five of their first six and finished with eight losses in a row before Calgary.

"The games that were decided by a touchdown early in the year went our way and the games in the second half didn't go our way," he said.

THE CANADIAN PRESS

Belief

"I like to think that game out in Calgary we won in the end tends to summarize the players' willingness to play for him (O'Shea) and continue to fight in what would be termed a meaningless game for us."

Bombers' GM Kyle Walters

Baseball

A-Rod admitted to using steroids, says lawyer

A lawyer for the University of Miami's former pitching coach says Alex Rodriguez admitted to federal investigators he used steroids.

Lawyer Frank Quintero Jr., who represents Lazaro Collazo in his defence of charges of conspiracy to distribute performance-enhancing drugs, told The Associated Press that the New York Yankees third baseman confessed to steroids use, according to Drug Enforcement Administration documents provided by the government to lawyers in the case.

Rodriguez has denied using steroids supplied by the Coral Gables clinic Biogenesis of America and its owner, Anthony Bosch.

THE ASSOCIATED PRESS

American Football

Rice suspension appeal for hitting wife commences

Ray Rice completed the first day of his appeal hearing after spending about nine hours Wednesday at the offices of former U.S. District Judge Barbara S. Jones in N.Y.C.

The hearing took place nearly two months after the former Pro Bowl running back was suspended indefinitely by the NFL and released by the Baltimore Ravens. Rice was suspended indefinitely Sept. 8 for violating the NFL's personal conduct policy after a video of him hitting his then-fiancée was released publicly. THE ASSOCIATED PRESS

Tame Jets offence must match solid defence

THE HOCKEY NEWS
Ronnie Shuker
winnipeg@metronews.ca

That sound you'll hear by the end of this column is the collective deflation of fans after what has been a really nice run by the Winnipeg Jets. Hey, nobody likes to be the bearer of bad news, but someone has to do it when the numbers just don't seem to jibe with reality.

Management was counting on internal improvement this season, and the suits are getting it from the players, particularly where they needed it most: on defense and in net. The team is tied for fifth in goals against at 2.00, and goalie Ondrej Pavelec is playing, well, very un-Pavelec-like of late. That's the good news.

The bad news is there's no way in Hades that the Jets can keep this up. They are stealing from Peter (offence) to pay Paul (defence) and winning by the slimmest of margins because of a big fat improvement defensively year over year — one that's just not sustainable.

Statistic

• Offensive Zone Starts (percentage of faceoffs in the offensive zone): WPG 48.1% (T-21st)

Remember, this is essentially the same roster that finished 22nd in GA last season at 2.82 per game. To expect improvement defensively with a full season under coach Paul Maurice is fair. To hope it remains around two goals per game is wishful thinking.

Then there's Pavelec. GM Kevin Cheveldayoff and Co. have steadfastly supported their starting goalie, despite calls to get rid of him by any means necessary (trade, demotion or buyout). And Pavelec is rewarding that loyalty early on. What is cause for concern is that the Jets are 28th in goals for at just 1.85 per game, down from last season's 2.67.

Now, fans should expect an uptick in offense to offset the inevitable drop in defence. As it stands now, Winnipeg is far too top-heavy on offence. Bryan Little, Blake Wheeler and Andrew Ladd have scored 15 goals between them so far.

The rest of the team has just nine, and only three have come from the back end. The supporting cast is too talented for the secondary scoring not to kick in eventually. The question is: will it be enough to compensate for the defensive decline that's sure to come? That's the hope fans will have to hold on to if the Jets' winning ways are to continue.

AUGMENTED REALITY

metro AR

Stuck on 12 Across? Scan this image with your Metro News app for today's crossword and Sudoku answers. It's OK. No one's watching.

→ See the full instructions on Metro's Voices page.

Horoscopes by Sally Brompton

♈ Aries
March 21 - April 20
Don't be impulsive or you could end up paying out a lot more than you can afford. A "one time offer" is nothing of the sort. The safest place for your money today is in your pocket.

♉ Taurus
April 21 - May 21
It would be a mistake to place your faith in what others believe rather than what your instincts tell you is true. Do only what feels right to you.

♊ Gemini
May 22 - June 21
Why are you so determined to make an issue out of something that is of no real significance? Maybe you need an excuse for a confrontation. If so, watch out. Today's full moon could bring a few surprises.

♋ Cancer
June 22 - July 23
Don't get too involved in what others are doing. Your life is changing so rapidly at the moment that it would be a mistake to tie yourself down.

♌ Leo
July 24 - Aug. 23
If you find yourself under attack from a friend today, ask yourself why they are so angry with you. Have you failed to live up to your side of a bargain? If so, apologize and make amends.

♍ Virgo
Aug. 24 - Sept. 23
Gossip may be fun but it won't do much for your rep if others get the impression that you are muddying waters for no reason.

♎ Libra
Sept. 24 - Oct. 23
You are always ready to help others but that does not mean they should take your good nature for granted. Start getting tough with those who are using you for their own ends.

♏ Scorpio
Oct. 24 - Nov. 22
Today's full moon in your opposite sign suggests that a relationship is going through a bumpy phase. Don't give up on it. In a few days you will realize how trivial your differences are.

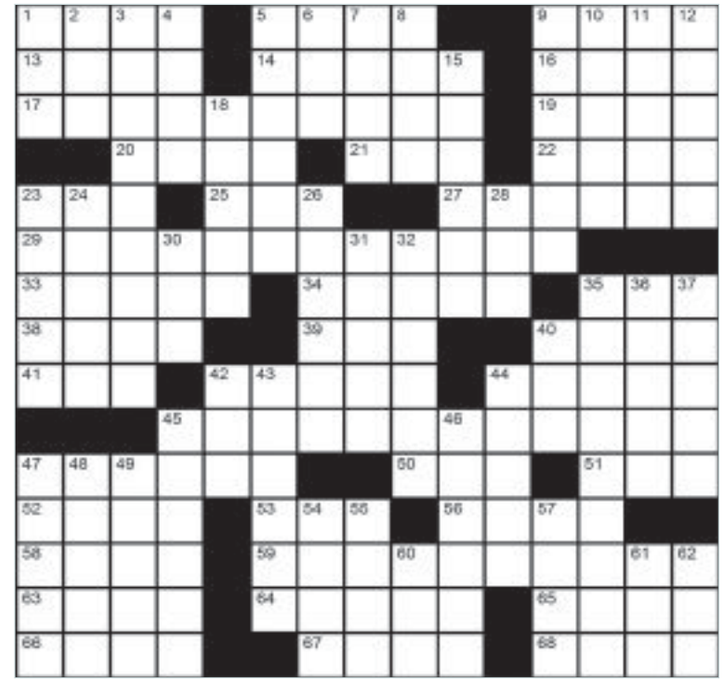
♐ Sagittarius
Nov. 23 - Dec. 21
You are in one of your winning moods but the vital thing is that you win with style. Your personality demands not only that you take first place but that you take it with a smile.

♑ Capricorn
Dec. 22 - Jan. 20
If you try to accommodate every opinion over the next 24 hours, you will alienate everyone. First impressions are the most reliable, so go with your instincts and back those whose outlook you feel an affinity for.

♒ Aquarius
Jan. 21 - Feb. 19
Make sure you have all the facts about a certain situation before making a decision that could affect your career path.

♓ Pisces
Feb. 20 - March 20
Today's full moon indicates that you are torn between opposing options. Toss a coin if you have to choose a path and stick to it.

Crossword: Canada Across and Down by Kelly Ann Buchanan



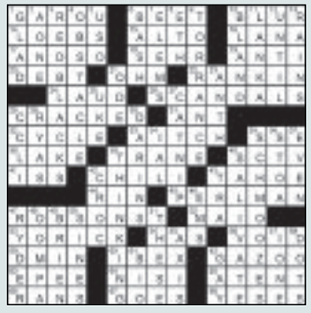
Across

1. Abundant
5. Ancient's 602
9. Celebration
13. "Thanks _ __'!" (Tonnes of appreciation!)
14. Shania Twain's "(If You're Not in It for Love) I'm __ Here!"
16. Washstand vessel
17. Archaeological undertakings: 2 wds.
19. Stead
20. Devil's domain
21. Musical note
22. Dynamites
23. 'Deterior' suffix
25. The Raven poet's monogram
27. Martin Short comedy, "Three ___!" (1986)
29. Guinness publishes them: 2 wds.
33. Fragrant flavouring
34. "Funkytown" by __, Inc.
35. __ Boys (1886 Louisa May Alcott book)
38. Do some gardening
39. Head topper
40. Purge
41. Many mins.
42. Video game pioneer
44. Celebrity chef Mr. Oliver
45. Group of Seven artist, _._._. __ (b.1873 - d.1932)
47. __ Murad (Fashion designer)
50. Lay grass
51. Function
52. Oomph
53. 'Fluor' suffix
56. TV producer Norman
58. Microscope piece
59. Award-winning comedy series on TMN and Movie Central starring Jason Priestley: 3 wds.
63. Frankie Avalon's "__ Dinah"
64. Madonna movie
65. Hurt
66. Formal org.
67. Wool
68. Actress Nikki

Down

1. WWII fliers
2. Point-of-view
3. __ and Oceans Canada (Federal department)
4. Additional
5. Loonie
6. 'Gum' for a cow
7. Medical-style suffix
8. Luba's "Let ____"
9. One of the 3 Chefs on "Cityline", Randy __
10. "Dallas" family
11. Manage: 2 wds.
12. Architectural framework
15. "I just got _ __ pain in my gut!"
18. L'__ __ Montreal
23. Flooded
24. Skincare product
26. Denzel Washington/John Travolta movie, "The Taking of __ 1 2 3" (2009)
28. Physicians, puny-ly
30. '60s hallucinogen
31. "Oh" by __ featuring Ludacris
32. Light science
35. "Poison Heart" singer/songwriter from Victoria, BC: _ _ __
36. Trompe l'__ (Visual illusions)
37. Chef on "The Muppet Show", for one
40. California city, __ Bernardino
42. Some vowels
43. Three times
44. Country singer Ms. Messina: 2 wds.
45. Village in south-central Saskatchewan
46. Sleeve style
47. Nintendo's The Legend of __
48. "__ Gold" (1997)
49. Gives
54. History's Mr. Crockett
55. Mr. Kazan
57. Outlying
60. B, Z or M, e.g.
61. Tea: French
62. Alphabet's ender in Canada

Yesterday's Crossword



Online

See today's answers at metronews.ca/answers

Conceptis Sudoku by Dave Green

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

4	3		6			2		8
	5	8			4			
								7
1			4		3			
				7				
			2		6			4
9								
			5			7	1	
8		4			7		3	2

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Yesterday's Sudoku

8	1	5	2	9	6	3	7	4
4	6	9	7	3	5	1	2	8
7	3	2	4	1	8	5	6	9
5	2	6	9	8	1	4	3	7
3	4	7	5	6	2	9	8	1
1	9	8	3	4	7	2	5	6
2	8	4	1	7	3	6	9	5
9	7	3	6	5	4	8	1	2
6	5	1	8	2	9	7	4	3

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